

Nine Point Code of Conduct

Prescribed by Bhagawan Sri Sathya Sai Baba

As per

Charter of Sri Sathya Sai Service Organisation

(Granted by Bhagwan Baba at the 3rd World Conference on 14th Jan, 1981)

Introduction

Bhagwan Sathya Sai Baba has given us five values to live by, so that we may receive liberation in this birth. HE has simplified these values to a more tangible and simple guidance by which we can live our daily lives. This comes in the form of Nine point Code of Conduct. HE has proclaimed the Nine Point Code of Conduct as guidance for spiritual and personal development for each & every devotee. The 9 points in the code are the bricks and mortar for us to build the spiritual superstructure for our lives

"It is the Code of Conduct which is responsible for the Organisation moving forward, growing from strength to strength. The office bearers should exercise maximum care to see that the Code of Conduct is adhered to and guide others also in the right path... There should be no scramble for power or position. What matters is the purity, intensity of devotion and the spirit of self sacrifice." -Baba-

The importance of this code was stressed at the First Overseas Convention of Chairpersons of Sai Centres, held in Prashanthi Nilayam in November 1998 where delegates were asked to have their Centres conduct study circles on the Nine Point Code of Conduct.

What are these nine points?

Nine Point Code of Conduct:

- 1. Daily meditation and prayer.**
- 2. Group devotional singing (GDS) or prayer with family members once a week.**
- 3. Participation in Sai Spiritual Education (SSE) by children of the family.**
- 4. Participation in community service work and other programs of the organisation.**
- 5. Regular attendance, at least once a month at the Centre's devotional meetings.**
- 6. Regular study of Sai-literature.**
- 7. The use of soft and loving speech with everyone.**
- 8. Not speaking ill of others, especially in their absence.**
- 9. Practice placing ceiling on desires - consciously and continuously strive to eliminate the tendency to waste time, money, food and energy - and utilize the savings for service to mankind.**

"The Sai Organisations have been enjoined to carry out a programme of ceiling on desires. Everyone should try to control desires as much as possible. The promotion of human values is another item in the programme. These human values are inherent in every person. All that is needed is, for everyone to manifest them in his daily life. Truth, Righteousness and Peace are all in you. You are embodiments of Truth, Peace, Love and God. Recognise this fact." - Baba - (Swami's Discourse on 21.11.95)

How do we remember these nine points?

It is very simple, we all know that - SAI MODEL WORKS :

S : Service (point 5)

A : Attend regularly or at least once a month at the Centre's devotional meetings (point 4)

I : Ill of Others we do not speak (point 9)

M : Meditation & Prayers everyday (point 1)

O

D : Desires - Practice Ceiling on Desires (point 7)

E : Education - Participation in Sai Spiritual Education by children of the family (point 3)

L : Lovingly & softly, speak to everyone (point 8)

W

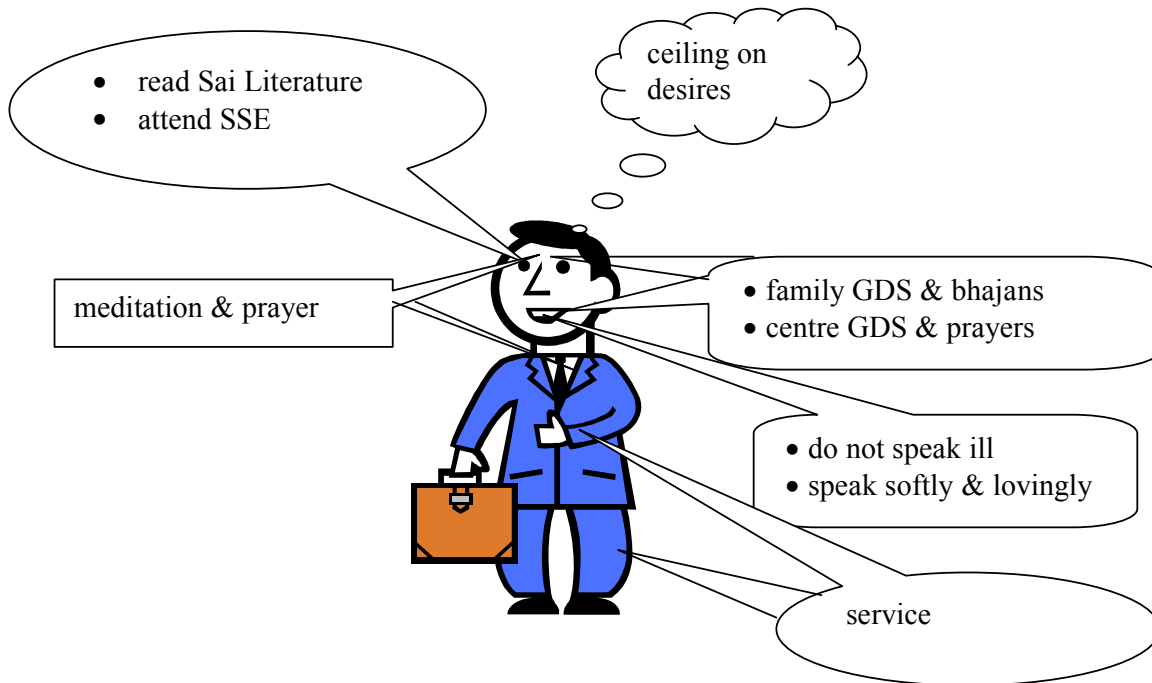
O

R : Regular study of Sai-literature (point 6)

K

S : Sing - Group devotional singing or prayer with family members once a week (point 2)

The Nine Point Code of Conduct further relate to parts of our body.



In the coming months we will be exploring & trying to understand the importance of each of these Codes of Conduct